

Holy Week



Reflect on Jesus' passion

- Watch a movie like **Passion of the Christ** with your family or friends
- Sit in church for an extra 5-10 minutes looking at Jesus on the Cross
- Pray a divine mercy prayer once every hour or whenever you think of it

“For the sake of his sorrowful passion, have mercy on us and on the whole world.”

“Lord Jesus Christ, Son of the Living God, have mercy on me, a sinner.”

- Write a letter to Jesus thanking him for taking your sins to the cross.

Make time to Share

- Make dinner a real dinner hour for engaging in conversation
- Share things you observe throughout your day
 - People treating one another badly / or well
 - People being selfish / generous
 - People being self-absorbed / or seeing others
 - People struggling / or having success
- Did we fall into similar bad behaviors / or good?
- What could we do differently?
- What can we do without to help someone else out?

